



Mittleman

Jewish Community Center
At the Schnitzer Family Campus

Main Pool Schedule

Jan. 14 - Jan. 20

***NO LAPS SWIM M - TH 3:45 - 5:45 pm**

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY			
6:00 AM								6:00 AM		
6:30 AM		MASTERS (4) LAPS (2)	LAPS (6)	MASTERS (4) LAPS (2)	RENTAL (3) LAPS (3)	MASTERS (4) LAPS (2)		6:30 AM		
7:00 AM								7:00 AM		
7:30 AM								7:30 AM		
8:00 AM	LAPS (6)	LAPS (6)	AQUAPOWER (4) LAPS (2)	LAPS (6)	AQUAPOWER (4) LAPS (2)	LAPS (6)		8:00 AM		
8:30 AM							AQUAPOWER (4) LAPS (2)	8:30 AM		
9:00 AM			AQUAROBICS (4) LAPS (2)					AQUAROBICS (4) LAPS (2)	9:00 AM	
9:30 AM								9:30 AM		
10:00 AM	LAPS (4) LESSONS (2)	LAPS (4) OPEN SWIM (2)						10:00 AM		
10:30 AM							LAPS (4) LESSONS (2)	10:30 AM		
11:00 AM			LAPS (6)						11:00 AM	
11:30 AM								11:30 AM		
12:00 NOON								12:00 NOON		
12:30 PM	LAPS (4) OPEN SWIM (2)	LAPS (4) AQUA STRENGTH (2)						12:30 PM		
1:00 PM									AQUA YOGA (2) LAPS (4)	1:00 PM
1:30 PM										
2:00 PM								2:00 PM		
2:30 PM		LAPS (4) OPEN SWIM (2)						2:30 PM		
3:00 PM	POOL FLOAT (3) OPEN SWIM (2) LAPS (1)	RENTAL (5) LAPS (1)					LAPS (4) OPEN SWIM (2)	3:00 PM		
3:30 PM		RENTAL (5) LESSONS (1)				RENTAL (5) LAPS (1)		3:30 PM		
4:00 PM								4:00 PM		
4:30 PM								4:30 PM		
5:00 PM	LAPS (6)	STINGRAYS (5) LESSONS (1)					LAPS (6)	5:00 PM		
5:30 PM								5:30 PM		
6:00 PM		STINGRAYS (5) LAPS (1)						6:00 PM		
6:30 PM		RENTAL (3) STINGRAYS (2)	MASTERS (4) STINGRAYS (2)		MASTERS (4) STINGRAYS (2)	LAPS (4) OPEN SWIM (2)		6:30 PM		
7:00 PM			MASTERS (4) LAPS (2)		MASTERS (4) LAPS (2)			7:00 PM		
7:30 PM		RENTAL (3) LAPS (3)		LAPS (4) OPEN SWIM (2)	RENTAL (3) LAPS (3)			7:30 PM		
8:00 PM								8:00 PM		
8:30 PM								8:30 PM		
9:00 PM		LAPS (6)						9:00 PM		
9:30 PM								9:30 PM		

MJCC RESERVES THE RIGHT TO MODIFY THIS SCHEDULE AS NEEDED